

*People have been attracted to midcoast Maine for generations. They are drawn by its beauty and abundant natural resources. Some come to visit; others to stay. They are artists and accountants, doctors and deck-hands, fishermen and farmers.*

*While midcoast Maine has maintained its beauty and natural resources over centuries of settlement, it is not immune from development and environmental pressures. Like other ecologically valuable regions, midcoast Maine needs good stewards - people who will take good care of it and inspire others to do the same.*

The Midcoast Stewards is a project of the  
Damariscotta River Association  
and the  
Maine Coastal Program



Midcoast Stewards  
c/o Maine Coastal Program  
38 State House Station  
Augusta, ME 04333-0038

# Midcoast Stewards



*... fostering ongoing  
stewardship of Maine's  
coastal resources*

**April 22 - May 20, 2008**

## Program Goals ...

- ❖ To provide area residents with information concerning the cultural and natural resources of midcoast Maine.
- ❖ To provide participants the opportunity to access information that will facilitate individual actions to protect and conserve their coastal environment.
- ❖ To give residents a voice in the decision making that shapes the future of their coastal communities.
- ❖ To create a network of educated and committed volunteers working together to conserve and protect the natural and cultural resources of midcoast Maine.



## Key Topics ...

The Midcoast Stewards course covers many different topics focusing on the cultural and natural history of the region. Some topics include:

- island ecology
- geological history
- maritime history
- watersheds
- water quality monitoring
- marine mammals
- bird conservation

## Highlights ...

- learn from and discuss a wide variety of issues with local conservation professionals
- meet area residents with an interest in the cultural and natural history of Midcoast Maine
- discover a wide variety of volunteer opportunities through local conservation organizations
- participate in outdoor "in the field" discovery learning programs with professionals

## Apply...

FMI or to request an application (can also be downloaded at web site):  
Sarah Gladu, Education Coordinator  
Damariscotta River Association  
P.O. Box 333, Damariscotta ME 04543  
ph: 207-563-1393 / email: [ravenspeak@roadrunner.com](mailto:ravenspeak@roadrunner.com)  
web site: [www.maine.gov/spo/coastal/projects/coastalstewardsprogram.htm](http://www.maine.gov/spo/coastal/projects/coastalstewardsprogram.htm)

## Education ...

The Midcoast Stewards program begins with a 40 hour course that meets three times a week for five weeks. Each day covers topics of natural or cultural interest presented by leading authorities from within Maine communities. Presentations vary from classroom discussions to field tours and projects.

## ..and Stewardship

Upon conclusion of the course, participants commit 30 hours of volunteer service to the protection of midcoast Maine's natural and cultural resources. Past Stewards have helped create organizations such as the Damariscotta River Association. Others have helped in planning for their communities. Stewards can and do develop their own service projects or volunteer with existing programs.